



TheraPeeps

PEDIATRIC OCCUPATIONAL
THERAPY



PLAYING IS LEARNING

**DID YOU KNOW KIDS GAIN KNOWLEDGE
& LIFE SKILLS BY ENGAGING IN PLAY?**



Exploratory Play

At this age, children are exploring their environment. It's important to provide access to a variety of textures, shapes, and tummy time to promote body awareness

**01 - 12
months**



Cause & Affect Play

At this age, children are exploring how objects work. Provide items of familiar themes like cooking, shape sorters, tools, balls, dolls, and cars.

**12 - 24
months**



Imaginary Play

At this age, children are extending imaginary themes and may incorporate peers and trusted adults in play schemes.

**24 - 36
months**



Co-operative Play

At this age, children are interacting with peers to participate in imaginary play, board games, and sports.

**3 - 5
years**



650-204-0677



info@therapeepsot.com