



TheraPeeps

PEDIATRIC OCCUPATIONAL
THERAPY



STAGES OF FEEDING

AGE 0-13
months

BREAST/BOTTLE

AGE 5-6
months

Thin Baby
Food Cereals

AGE 5.5-6.5
months

Slightly
Thicker Baby
Food Cereals

AGE 6-7
months

Thin Baby
Food Puree

AGE 7-8
months

Thicker Baby Food
Cereals & Thicker
Baby Food
Smooth Puree

AGE 8-9
months

SOFT MASHED

AGE 8-9
months

Hard
Munchables

AGE 9-9.5
months

Melted Hard
Solids

AGE 10
months

Soft Cubes

AGE 11
months

Soft
Mechanical

AGE 12
months

MIXED TEXTURE

AGE 13-14
months

Soft Table
Foods

AGE 15-18
months

Hard
Mechanicals

AGE 18-24
months

Skills
Refinement



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